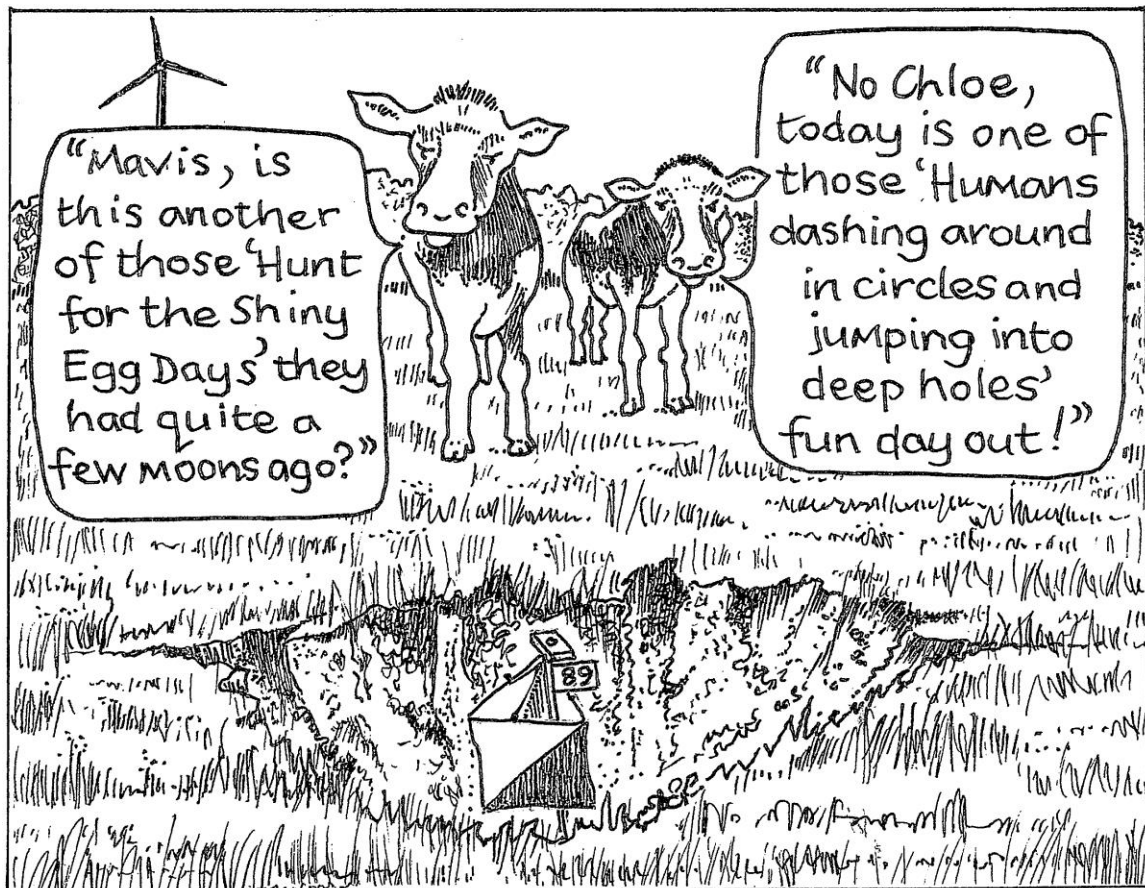


THE NEWSLETTER
of the
EAST MIDLANDS ORIENTEERING ASSOCIATION

WINTER 2023



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EMEWS

EMEWS is the newsletter of the East Midlands Orienteering Association. The views expressed in this newsletter are not necessarily those of the East Midlands Orienteering Association, nor of the Committee.

East Midlands Orienteering Association Officials 2023/2024

Chairman	Chris Phillips	onecp47@gmail.com
Vice Chairman	Ann-Marie Duckworth	jasrduckworth@btinternet.com
Financial Secretary	Paul Young	treasurer.emoa@gmail.com
Development Co-ordinator	Vacant	

Club Rep Roles

DVO Rep	John Hurley	johnhurley870@btinternet.com
LEI Rep	Iain Phillips	iain.phillips4.co.uk
LOG Rep	Trudy Crosby	trudycrosby@live.co.uk
NOC Rep	Pauline Olivant	p.olivant@btinternet.com

Other Committee Roles

Minutes Secretary	Mike Gardner	mikegardvo@sky.com
Fixtures Secretary	Ursula Williamson	ursula.williamson.orienteer@gmail.com
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Junior Squad	Ann-Marie Duckworth	jasrduckworth@btinternet.com
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Urban League	Ursula Williamson	ursula.williamson.orienteer@gmail.com
National Forest	Roy Denney	roydenney@hotmail.com
President	John Woodall	woodallja@ntlworld.com



East Midlands website: www.emoa.org.uk

Copy Date for next issue: **15th December 2023 for next EMEWS.**

Contributions are always welcome but especially by e-mail
(mikegardvo@sky.com).

I will then get the next edition out in early January 2024.

Cover - Thanks again to Ernie for the cover. I think many of you should be able to work out the event!

Photo - The editor trying to find his way around Harrogate city race!
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MINUTES OF THE 59th ANNUAL GENERAL MEETING OF THE EAST MIDLANDS ORIENTEERING ASSOCIATION HELD ON MONDAY 11th SEPTEMBER 2023 AT 19.30 IN PACE ROOM, CLIFTON.

Present: Sal Chaffey (DVO), Trudy Crosby (LOG), Roger Edwards (LEI), Mike Godfree (DVO), John Hurley (DVO), Jane Kayley-Burgess (DVO), Hilary Palmer (NOC), Chris Phillips (LEI), Amanda Roberts (LOG), Anthony Squire (NOC), Ernie Williams (LEI), Ursula Williamson (LEI), Dorothy Woodall (NOC), John Woodall (NOC) and Paul Young (DVO).

The meeting was held in person at the Pace Room, Clifton Village and was quorate as 15 members were in attendance.

1. Apologies for absence:

Ann-Marie Duckworth (DVO), Mike Gardner (DVO), Liz Godfree (DVO), Ranald Macdonald (DVO), David Olivant (NOC), Pauline Olivant (NOC), and Iain Phillips (LEI) offered their apologies.

In the absence of Mike Gardner, due to serious and unforeseen circumstances, Ernie Williams volunteered to take the Minutes.

2. Minutes of the 58th EMOA AGM held on Monday 12th September 2022.

It was proposed *“That the Minutes as circulated are a true and accurate record.”* Proposed by John Hurley (DVO) and seconded by Ursula Williamson (LEI). The proposal was carried nem con.

3. Chair’s Report to EMOA AGM September 2023:

This report is very much just a snapshot of what has happened in the region over the last 12 months and I hope that I have not missed anything of importance. If I have, please forgive me and put it down to the aging process!

I am very pleased to report that although the year has not been without its problems, we have had a full and active programme of events during the last twelve months.

Both the Forest and Urban Leagues have had a full programme with some quality events. It has been very good to see new faces taking part in our events and even better, some new faces on the “podium” for the presentation of the 2022 trophies at the start of this year.

As I have mentioned the year has not been without its problems. Permission for land access continues to be a problem despite optimistic noises made by the BOF Environment and Access Officer at the Regional Conference in October 2022. Landowners are under financial pressure to maximise incomes, pressure from regulatory bodies such as Natural England and in some cases, we are experiencing a backlash from the problems caused to landowners by the general public and other organisations. I note that BOF have still not been able to negotiate a new Access Agreement with Forestry England despite the current agreement expiring this month. I understand that, for the present, we are to continue operating under the current agreement.

Our Regional Conference had a different format this year, in that part of the day was devoted to discussions for using the Regional Cash surplus. From that conference a working party chaired by Ranald has looked at the possibilities and the subsequent proposals are being debated by the EMOA Committee. My thanks to Ranald for both organising the conference and chairing the Working Party. Ranald is standing down from the EMOA committee after this AGM and I would on behalf of the Region to thank he for all the work he has done for the Region for many years.

As many of you are aware, in March of this year it was announced that Ernie Williams of LEI had been awarded the Continued Contribution to Orienteering Award by the Board of British Orienteering. Ernie's contribution to the actives and events of both LEI and the Region has over the last 40 years been immense. Plus, his contribution nationally. It was my great pleasure to have Ernie as a member of the BOF Events and Competitions Committee during my tenure as its chairman.

In 2004 Ernie was my number two for the Regional JK Day at Graythwaite and many "happy hours" were spent commuting up and down the M6 to the Lakes for meetings with very early breakfast at Motor Way services and very late meals on the way back. I am sworn to secrecy that I will not tell Ernie's wife Wendy some of the things that we got up to on our travels!

Ernie, very many thanks on behalf of everybody in the region for your massive contribution to orienteering.

Junior Squad. Last September 9 of our juniors took the trip over to Northern Ireland to compete in the Junior Inter Regional Championships - the JIRCS. With such a small squad coming 10th was a very satisfactory result.

The EMJOS coaches Ann-Marie and Ant have arranged several trainings over the last year and these have included joint activities with other Regions. Two of our juniors attended the national training at Hawkshead last November.

Hannah from LOG continues Training with the Northern Region Talant Squad.

Congratulations go to Rahel from DVO and Ben from NOC who were selected for

The Junior World Cup and The Junior European Championships.

Two of our Juniors were selected for JROS Tours this Summer. Ellie for LEI went to Deeside and Hannah from LOG to Sweden

I would like to thank both Ann-Marie and Ant for all the work and time that have put in over the last year in managing and coaching the juniors in EMJOS.

Finally, turning to administrative matters in relation to the East Midlands Committee. The committee has met three times since the last AGM in September 2021. A significant amount of time has been taken up with financial matters and I will leave Paul to speak about these in his report.

My thanks to the members of EMOA Committee for their support and hard work over the last twelve months. Much of the work goes on unnoticed by our members but without it we would not be able to function as a Region.

Chris Phillips – Chair - September 2023

4. **Financial Secretary's Report**

Paul Young circulated the accounts before the meeting to the committee for review.

Below is the proposed income / expenditure statement for next year and outline for further 3 years:

East Midlands Orienteering Association									
FY 2023/24 Budget v0.1									
INCOME	2019/20	2020/21	2021/22	2022/23	2023/24	Var	Memorandum		
	Actual	Actual	Actual	Actual	Budget v0.1		2024/25	2025/26	
							LTF v0.1	LTF v0.1	
Membership	1,386.00	1,310.00	1,312.00	1,280.00	1,305.00	25.00	1,330.00	1,355.00	EMOA
Event Levies	1,450.40	321.60	1,222.90	1,453.90	1,480.90	27.00	1,521.80	1,562.70	EMOA
Interest	5.91	0.36	0.82	26.45	50.00	23.55	40.00	30.00	EMJOS
Sponsorship and other income	100.00	0.00	127.50	0.00	0.00	0.00	0.00	0.00	EMOA
EMJOS Income	1,292.70	21.00	668.00	693.00	1,500.00	807.00	1,500.00	1,500.00	EMJOS
EMJOS Clothing Sales	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	EMJOS
EMJOS Fund Raising	628.50	0.00	186.50	142.00	150.00	8.00	150.00	150.00	EMJOS
INCOME	4,863.51	1,652.96	3,517.72	3,595.35	4,485.90	890.55	4,541.80	4,597.70	
EXPENDITURE									
EMJOS Expenses	1,468.10	71.00	1,312.55	2,891.07	3,500.00	(608.93)	3,000.00	3,000.00	EMJOS
Trophies & Certificates	187.36	47.68	171.00	269.00	300.00	(31.00)	300.00	300.00	EMOA
Volunteer Development	0.00	0.00	60.00	218.34	2,000.00	(1,781.66)	2,000.00	2,000.00	EMOA
Community Coaching Development	0.00	0.00	124.24	0.00	0.00	0.00	0.00	0.00	EMOA
External Conferences	0.00	0.00	0.00	0.00	200.00	(200.00)	200.00	200.00	EMOA
Support for Senior/Talent Orienteers	700.00	0.33	457.10	1,012.90	1,000.00	12.90	1,000.00	1,000.00	EMOA
Coach development	0.00	0.00	0.00	171.00	0.00	171.00	0.00	0.00	EMOA
Sub total	2,355.46	119.01	2,124.89	4,562.31	7,000.00	(2,437.69)	6,500.00	6,500.00	
Running costs									
Web licence and bank charges	22.18	23.33	58.33	79.53	85.00	(5.47)	90.00	95.00	EMOA
Hire of meeting room	80.00	0.00	30.00	60.00	70.00	(10.00)	80.00	90.00	EMOA
English Orienteering Council	387.00	354.00	371.00	353.00	371.05	(18.05)	398.90	406.10	EMOA
Sub total	489.18	377.33	459.33	492.53	526.05	(33.52)	568.90	591.10	
EXPENDITURE	2,844.64	496.34	2,584.22	5,054.84	7,526.05	(2,471.21)	7,068.90	7,091.10	
Surplus / Loss	2,018.87	1,156.62	933.50	(1,459.49)	(3,040.15)	(1,580.66)	(2,527.10)	(2,493.40)	

Below is the balance sheet:

Balance Sheet 30 June 20xx									
	2019/20	2020/21	2021/22	2022/23	2023/24	Var	2024/25	2025/26	
	Actual	Actual	Actual	Actual	Budget v0.1		LTF v0.1	LTF v0.1	
Current Account	9,335	10,698.79	11,823.92	11,030.05	8,989.90	(2,040.15)	6,972.80	4,999.40	EMOA
EMJOS Deposit Account	3,809	3,809.08	4,351.85	3,322.23	2,322.23	(1,000.00)	1,812.23	1,292.23	EMJOS
	13,143.83	14,507.87	16,175.77	14,352.28	11,312.13	(3,040.15)	8,785.03	6,291.63	
Accrued Income - Chinely Churn	0.00	129.50	0.00	0.00	0.00	0.00	0.00	0.00	
Deferred Income - Bulwell Hall Park	0.00	(5.10)	0.00	0.00	0.00	0.00	0.00	0.00	
Accrual - Website Costs	(22.18)	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
Accrual - EOC Contribution	0.00	(354.00)	(371.00)	0.00	0.00	0.00	0.00	0.00	
DVD map contribution	600.00	600.00	0.00	0.00	0.00	0.00	0.00	0.00	
Accrued Income - BOF June	0.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	
Accrual - Bank Charges	0.00	0.00	(5.00)	0.00	0.00	0.00	0.00	0.00	
	13,721.65	14,878.27	15,811.77	14,352.28	11,312.13	(3,040.15)	8,785.03	6,291.63	
Represented by									
Accumulated fund	11,702.78	13,721.65	14,878.27	15,811.77	14,352.28	(1,459.49)	11,312.13	8,785.03	
add surplus	2,018.87	1,156.62	933.50	(1,459.49)	(3,040.15)	(1,580.66)	(2,527.10)	(2,493.40)	
Carry forward	13,721.65	14,878.27	15,811.77	14,352.28	11,312.13	(3,040.15)	8,785.03	6,291.63	
Note EMJOS * Old * Clothing Stock	Negligible	Negligible	Negligible	Negligible	Negligible	-	Nil	Nil	
Note EMJOS * New * Clothing Stock	N/A	N/A	N/A	N/A	250	-	125	Negligible	
EMOA cont to EMJOS				1,000.00	800.00		800.00	800.00	
Memo									
EMOA "Profit"	559.86	206.26	390.73	(429.87)	(2,040.15)		(2,017.10)	(1,973.40)	
EMJOS "Profit"					(1,000.00)		(510.00)	(520.00)	

2022/23 Accounts

The EMOA year end is 30th June 2023, Roger Edwards has reviewed the accounts and issued the following statement:

"I confirm that these accounts represent a true and fair record of the Association's affairs."

A copy of the noted accounts is attached for the record.

Roger is thanked for again being the independent financial examiner of the accounts.

There were no questions raised about these accounts.

The balance sheet was approved by the meeting.

Proposer: John Hurley

Seconder: Ernie Williams

The floor unanimously approved the balance sheet.

5. Election of Principal Officers:

Chris Phillips stated that two of the Officers – himself as Chair and Paul Young as Financial Secretary – were willing to continue in place for 2023-2024. Pre-meeting an agreement had been reached with Ann-Marie Duckworth who has indicated that she would be willing to take on the role of Vice-Chair for 2023-2024 and then as Chair for 2024-2025, if Chris was prepared to continue as Chair for the year 2023-2024 and this he had agreed so to do. Following the retirement of Randal Macdonald, the role of Development Co-ordinator was currently vacant. The Chair asked if there were any nominations for this key role but there were no nominations forthcoming.

The Principal Officers for the year 2023-2024 listed below were unanimously elected by a show of hand of those present and thanked for their willingness to both stand and serve.

Post	Nominee
Chair	Chris Philips (LEI)
Vice-Chair	Ann-Marie Duckworth (DVO)
Financial Secretary	Paul Young (DVO)
Development Co-ordinator	(Position vacant)

Proposed by: John Woodall (NOC) Seconded by: John Hurley (DVO)

“That a ‘Vote of Thanks’ for each of the 2022 -2023 Principal Officers be given by the membership.”

Those present were unanimous in their support with a show of hands and vocal agreement.

6. Other EMOA Officers:

Members of the Association shown below had expressed their willingness to continue to undertake for the year 2023-2024 the non-elected roles as listed and were thanked en-bloc for their continued service to and for the Association’s membership.

Post	Nominee
Mapping	David Olivant (NOC)
Coaching	Hilary Palmer (NOC)
EM Junior Squad	Ann-Marie Duckworth (DVO), aided by Ant Squire (NOC)
EM League	Ursula Williamson (LEI)
Urban League	Ursula Williamson (LEI)
Regional Fixtures Secretary	Ursula Williamson (LEI)
President	John Woodall (NOC)
Minutes Secretary	Mike Gardner (DVO)
EMEWS Editor	Mike Gardner (DVO)
Webmaster	John Cooke (DVO)
National Forest	Roy Denney (LEI)

NB: The Club Representatives for DVO, LEI, LOG, and NOC on the EMOA Committee are nominated by their Clubs.

7. Appointment of Independent Financial Examiner:

Roger Edwards agreed to continue as Independent Financial Examiner for the next year. Roger was again thanked by the meeting for performing this role.

8. Budget Projections and Recommendations for membership fees and event levies:

At this point in the meeting Paul Young went through each of his recommendations and Budget proposals for 2023-2024 (see below), some of which were directly linked to the 2023 British Orienteering Federation AGM Agenda Item 6 Proposals iii to vii of the Board that are to be put to the membership on Saturday, 16th September 2023 i.e.

iii. to create part-year membership fees for new members;

iv. to create a membership category for families;

v. to create a membership category for young adults between the ages of 21 and 25;

vi. to create a levy fee category for senior non-member participants;

vii. to approve the member, levy and club affiliation fees from 2024.

whilst others were about the Association's Reserves and East Midlands Event Levies etc.

Paul, as Financial Secretary, gave an 'Overview' of his Budget Proposals with regard to both 2023-2024 and to future years 2024-2025 and 2025-2026 as a 'Long-Term Forecast', with specific reference to EMOA and to EMJOS, and the intention of resulting in a 'break even' situation annually, and in reducing the Association's 'Reserves' to £5000 by the end of the 2025-2026 financial year.

Overview

Appendix 1 summarises the proposed EMOA Budget for the 2023/24 Financial Year. The assumptions take into account recent financial performance and the objectives of EMOA. In addition to the 2023/24 Budget, the appendix includes a Long-Term Forecast (LTF) covering both 2024/25 and 2025/26. These are memorandum in nature and intended to give an indication of longer-term financial stability of EMOA.

Both the Budget and Long-Term Forecast (together the "Forecast") seek to reduce the level of reserves held by both EMOA and EMJOS to more "reasonable" levels for the organisations in question.

EMOA

Excluding the strategic Development element of the expenditure (shown as "Volunteer Development") from the EMOA Forecast results in an at or around "break-even" each year. This is after making a contribution to EMJOS of £800, and supporting talented orienteers within the region to the tune of £1,000 each year.

The Forecast assumes a three-year programme of Development activity, totalling £6,000 of EMOA funds.

At the end of the 2025/26 Financial Year, the EMOA reserves will be £5,000. This level of reserves would enable EMOA to continue to operate for a period of at least 18-months without receiving any income.

In order for Development activity to continue the beyond 2025/26 Financial Year, EMOA would need to either reduce its other costs, or find alternative sources of funds.

EMJOS

The EMJOS Forecast assumes a net reduction in Reserves of £2,000 over the next three years. At the end of the 2025/26 Financial Year, the EMJOS Reserves will be £1,300.

The Forecast takes a prudent view on participant contributions and EMJOS fundraising over the term, and also assumes a continued level of support from EMOA.

EMOA Budget for 2023/24

1. Membership

British Orienteering (BO) has proposed the introduction of a number of new membership "tariffs" and categories, and subject to approval at their upcoming AGM it is my understanding that they would come into effect from 1 January 2024.

At this time, it is unclear if the BO membership system would cope with the increased complexity which would come about if EMOA were to follow suit. Given the low cost of EMOA annual membership I am recommending no change to the existing membership fees for calendar year 2024.

£3 per Senior member*.

£1 per Junior member.

*If the membership category of Young Adult is introduced following the BO AGM then I recommend the EMOA membership for 2024 is set at £3 per Young Adult.

Proposed by: Paul Young (DVO)

Seconded by: Hilary Palmer (NOC)

"The meeting is asked to approve the EMOA membership rates for the calendar year 2024 as Senior £3.00, Junior £1.00, Family comprising two adults and any number of children at the same address as £7.00 and, if brought in at the 2023 BOF AGM, a Young Adult rate of £3.00". The proposal was carried nem con.

2. Event Levies

EMOA event levies are payable by organising clubs in relation to all category C and above events. I recommend that EMOA event levies remain unchanged for the 2023/24 financial year.

£0.50 per Senior** and £0.10 per Junior with the first £25.00 continuing to be retained by the organising club.

****If the membership category of Young Adult is introduced following the BO AGM then I recommend the EMOA levy is set at £0.50 per Young Adult.**

Proposed by: Paul Young (DVO) Seconded by: Ernie Williams (LEI)

“The meeting is asked to approve the EMOA Event Levy rates for Level C and above as £0.50 for Seniors, £0.10 for Juniors and, if brought in at the 2023 BOF AGM, a Young Adult rate of £0.50, and with the first £25.00 to be retained by the Organising Club.” The proposal was carried nem con.

3. Expenses Policy

After a brief discussion and to general agreement the following proposal was put to the meeting.

Proposed by: Paul Young (DVO) Seconded by: John Woodall (NOC)

“That the rates of ‘£0.25 per mile with an additional £0.02 per mile for each relevant passenger up to a maximum of £0.29 per mile’ be approved for the financial year 2023-2024 for mileage incurred by members in relation to both EMOA and EMJOS matters.” The proposal was carried nem con.

4. Reserves

Proposal: The meeting is asked to approve the amendment of the EMOA “target” reserves balance to £5,000.

Note: No proposal is made in relation to EMJOS reserves.

This item was discussed at length with a variety of opinions expressed, together with ‘target figures’ and future dates being suggested, and it was also noted that there was no proposal to be put to the meeting in relation to the EMJOS Reserves.

At the end of the discussion, the figure in the proposal was amended to reserve balance of £9,000 consistent with the 2023/2024 budget. This was agreed, by a show of hands.

It was felt that this needed further discussion and the meeting also mandated the responsibility of the Principal Officers and Committee members to further debate the urgent matter of the Association’s ‘Reserves Balance’ and to make a Report, finally agreed upon, to the membership within six calendar months of the date of the 2023 AGM.

ACTION: The Officers and Committee members are tasked to report back on the finally agreed figure for an ‘EMOA Reserves Balance’, and the date for implementation, to the membership by Monday 11th March 2024 at the latest.

5. HSBC Banking Mandate

Paul explained the necessity of his next two proposals regarding the HSBC Banking Mandate and the ‘Authorised Signatories’ together with the formally named user of HSBC Business Internet Banking. Questions raised included the possible extension beyond the accepted three year term of office within EMOA, and the increasing incidence of fraud and money laundering and the need for the prevention of same.

Proposed by: Paul Young (DVO) Seconded by: John Woodall (NOC)

“That the meeting shall agree to the updating of the existing Bank Mandate and any associated documentation such that the Principal Officers of the Association who are appointed from the date of the 2023 AGM have the ability to replace any existing authorised signatories.” The proposal was carried nem con.

Paul also put forward a proposal relating to the Financial Secretary being the approved ‘Primary User’ for HSBC Business Internet Banking. After a brief discussion this was agreed.

Proposed by: Paul Young (DVO) Seconded by: Ernie Williams (LEI)

“That the members of the Association are agreed that the Financial Secretary of the Association is to be the ‘Primary User’ of the HSBC Business Banking facility.” The proposal was carried nem con.

6. Deposit Account

Paul explained to the meeting that there were opportunities for the Officers of the Association, with the prospect of better and more favourable rates of Interest becoming available, to agree that part of the ‘Reserves Balance’ can to be moved to a fixed rate of interest limited term saver or deposit or bond account.

Proposed by: Paul Young (DVO) Seconded by: Ursula Williamson (LEI)

“That the Principal Officers of the Association be granted the authority on behalf of the membership to open a new fixed term Saver/Deposit/Bond account into which, in the opinion of the Financial Secretary, a reasonable part of the Association’s ‘Reserves Balance’ can be deposited to accrue a better rate of interest than heretofore.”
The proposal was carried nem con.

7. Budget 2023/24

The proposed Budget for the year 2023/24 is set out below for the A.G.M.

Appendix 1 - Budget 2023/24

East Midlands Orienteering Association								
FY 2023/24 Budget v0.1								
	2019/20	2020/21	2021/22	2022/23	2023/24		Memorandum	
	Actual	Actual	Actual	Actual	Budget v0.1	Var	2024/25	2025/26
							LTF v0.1	LTF v0.1
INCOME								
Membership	1,386.00	1,310.00	1,312.00	1,280.00	1,305.00	25.00	1,330.00	1,355.00
Event Levies	1,450.40	321.60	1,222.90	1,453.90	1,480.90	27.00	1,521.80	1,562.70
Interest	5.91	0.36	0.82	26.45	50.00	23.55	40.00	30.00
Sponsorship and other income	100.00	0.00	127.50	0.00	0.00	0.00	0.00	0.00
EMJOS Income	1,292.70	21.00	668.00	693.00	1,500.00	807.00	1,500.00	1,500.00
EMJOS Clothing Sales	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
EMJOS Fund Raising	628.50	0.00	186.50	142.00	150.00	8.00	150.00	150.00
INCOME	4,863.51	1,652.96	3,517.72	3,595.35	4,485.90	899.55	4,541.80	4,597.70
EXPENDITURE								
EMJOS Expenses	1,468.10	71.00	1,312.55	2,891.07	3,500.00	(608.93)	3,000.00	3,000.00
Trophies & Certificates	187.36	47.68	171.00	269.00	300.00	(31.00)	300.00	300.00
Volunteer Development	0.00	0.00	60.00	218.34	2,000.00	(1,781.66)	2,000.00	2,000.00
Community Coaching Development	0.00	0.00	124.24	0.00	0.00	0.00	0.00	0.00
External Conferences	0.00	0.00	0.00	0.00	200.00	(200.00)	200.00	200.00
Support for Senior/Talent Orienteers	700.00	0.33	457.10	1,012.90	1,000.00	12.90	1,000.00	1,000.00
Coach development	0.00	0.00	0.00	171.00	0.00	171.00	0.00	0.00
Sub total	2,355.46	119.01	2,124.89	4,662.31	7,000.00	(2,437.69)	6,500.00	6,500.00
Running costs								
Web licence and bank charges	22.18	23.33	58.33	79.53	85.00	(5.47)	90.00	95.00
Hire of meeting room	80.00	0.00	30.00	60.00	70.00	(10.00)	80.00	90.00
English Orienteering Council	387.00	354.00	371.00	353.00	371.05	(18.05)	398.90	406.10
Sub total	489.18	377.33	459.33	492.53	526.05	(33.52)	568.90	591.10
EXPENDITURE	2,844.64	496.34	2,584.22	5,054.84	7,526.05	(2,471.21)	7,068.90	7,091.10
Surplus / Loss	2,018.87	1,156.62	933.50	(1,459.49)	(3,040.15)	(1,580.66)	(2,527.10)	(2,493.40)
Balance Sheet 30 June 20xx								
	2019/20	2020/21	2021/22	2022/23	2023/24		2024/25	2025/26
	Actual	Actual	Actual	Actual	Budget v0.1	Var	LTF v0.1	LTF v0.1
Current Account	9,335	10,698.79	11,823.92	11,030.05	8,989.90	(2,040.15)	6,972.80	4,999.40
EMJOS Deposit Account	3,809	3,809.08	4,351.85	3,322.23	2,322.23	(1,000.00)	1,812.23	1,292.23
	13,143.83	14,507.87	16,175.77	14,352.28	11,312.13	(3,040.15)	8,785.03	6,291.63
Accrued Income - Chinery Churn	0.00	129.50	0.00	0.00	0.00	0.00	0.00	0.00
Deferred Income - Bulwell Hall Park	0.00	(5.10)	0.00	0.00	0.00	0.00	0.00	0.00
Accrual - Website Costs	(22.18)	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Accrual - EOC Contribution	0.00	(354.00)	(371.00)	0.00	0.00	0.00	0.00	0.00
D/O map contribution	600.00	600.00	0.00	0.00	0.00	0.00	0.00	0.00
Accrued Income - BOF June	0.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00
Accrual - Bank Charges	0.00	0.00	(5.00)	0.00	0.00	0.00	0.00	0.00
	13,721.65	14,878.27	15,811.77	14,352.28	11,312.13	(3,040.15)	8,785.03	6,291.63
Represented by:								
Accumulated fund	11,702.78	13,721.65	14,878.27	15,811.77	14,352.28	(1,459.49)	11,312.13	8,785.03
add surplus	2,018.87	1,156.62	933.50	(1,459.49)	(3,040.15)	(1,580.66)	(2,527.10)	(2,493.40)
Carry forward	13,721.65	14,878.27	15,811.77	14,352.28	11,312.13	(3,040.15)	8,785.03	6,291.63
Note EMJOS "Old" Clothing Stock	Negligable	Negligable	Negligable	Negligable	Negligable	-	Nil	Nil
Note EMJOS "New" Clothing Stock	N/A	N/A	N/A	N/A	250	-	125	Negligable

Proposed by: Paul Young (DVO)

Seconded by: John Woodall (NOC)

“That those present approve the Budget headed ‘East Midlands Orienteering Association FY 2023/24 Budget v0.1’ as set out on Page 4 Appendix 1 of the tabled ‘Financial Secretary’s Budget Proposal 2023/24’ document”.
The proposal was carried nem con.

Paul Young was thanked by all present for his presentation and work on the financial affairs of the Association undertaken on behalf of all of the membership.

9. Fixing of Charges:

Following discussions about both the BOF Board's 2023 AGM and the Financial Secretary's Proposals, other than the Individual and Family Membership Fees agreed earlier in Agenda Item 9 (1), it was agreed that there should be no change in two other membership fees.

Proposed by: Paul Young (DVO)

Seconded by: Ernie Williams (LEI)

"That for the calendar year 2024 the fee for Associate membership to remain at £10.00 and the fee for Club membership to remain at £15.00." Proposal carried nem con.

10. Changes to the EMOA Constitution and Standing Orders:

Chris Phillips as the Chair indicated that there were a significant number of changes to the Constitution and Standing Order requiring approval by the meeting. These had been made available pre-meeting for download but, due to a technical hitch, the document would not open for either reading or printing. In these circumstances Chris Phillips made an executive decision to verbally go through the changes section by section, giving detail as and when required, prior to acceptance by a show of hands.

- (i) Of the thirty-nine separate amendments, twenty one of them required a change whereby 'Ltd' is to be put after 'British Orienteering Federation';
- (ii) The section referring to 'Open Clubs' and 'Closed Clubs' has been rewritten to make the distinction between the two clearer;
- (iii) With regard to mentions of 'BOF policies' reference is now made as to "where available on the BOF website";
- (iv) The section referring to the 'Re-election of Officers' has been re-worded to make it much clearer than before;
- (v) With regard to 'Signatories' on behalf of the Association the reference to 'cheques' has been removed.

In conclusion, following discussion on certain aspects of the proposals, it was unanimously agreed by those present to accept, by a show of hands, all of the proposed changes as listed in the document, except for any text that may be related to the Association's Reserves, following previous discussion on the same subject.

ACTION: A request was made that Mike Gardner be enabled to update the Constitution and Standing Orders, and ensure that the updated Constitution and Standing Orders be made available on the EMOA website.

11. Chairs Plans for Coming Year: 2023/24

The centre piece of the coming year is the JK at Easter 2024 with the East and West Midland Association as the organising regions. As I hope you all aware LEI are hosting Day 1 the Sprints at Loughborough University and DVO are hosting Day 4 the Relays at Stanton Moor. LOG and NOC have been asked to support Day 3 at Beaudesert by providing helpers.

Apart from hosting the two days the Region has members who are part of the Central Team with Ursula Williamson, Judith Holt, Simon Starkey and myself having roles covering all four days.

The Day Organisers and the Planners have already achieved much over the last few months but there is much still to be done, including recruiting the key volunteers over the next few weeks.

From past experience I know how much the hosting a JK raises a regions profile both nationally and international. The Sprints at Loughborough will be a World Ranking Day and given that it is likely that there will only be one other WRE in the UK next year the event will attract not only the cream of GB Orienteering but a strong overseas contingent.

Looking at the rest of years events programme. LEI are Organising the British Schools Score Championships next month and in February LOG will be welcoming us for the EMOA Championships.

Hopefully we will have both the Urban and Forest Leagues in 2024. However, as several of our clubs have not submitted requests for Regional Events to the Regional Fixtures Secretary, I cannot confirm that the Leagues will be happening. Unfortunately given the lateness of request being submitted it is unlikely that clubs will get any choice of dates. Club Fixtures Secretary's, please can we have your proposals as soon as possible and preferably by the end of this month.

It is intended to have a Regional Training Day next year, probably either mid-summer or early autumn. As we do not have a Regional Development Co-ordinator at present, I will be asking members of the EMOA Committee to pitch in a give a hand organising the day.

Members of EMJOS will be competing at the Junior Interregional over the weekend 24/25 September at Llantrisant Forest near Cardiff, and we wish them every success.

Ann Maria and Ant have arranged a programme of Training for the coming months. I hope that clubs will encourage their juniors' members to take part in the regional training. There is much evidence over the years that taking part in EMJOS does much for the confidence and skill level of our juniors' members.

Finally, one other item on the Committee agenda for the next few months, and one that needs the help of the clubs is finding a vice chair and Regional Development Co-ordinator.

Chris Phillips - Chair 11.9.23

12. Any Other Business:

There was no 'Any Other Business' raised apart from the Chair inviting all present to the 'Open Discussion' to be held following a tea, coffee, and biscuits break.

13. Close of formal meeting:

Those present were thanked for their attendance and contribution to the discussion on the Agenda items, and the Chair formally closed the 59th EMOA AGM at 20:45.

The next EMOA Committee meeting is 27th November 2023 in Pace Room, Clifton.

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Irchester Country Park

Unfortunately the LEI event in September at Irchester Country Park did not have too many attendees (or maybe fortunately given the queues to pay at the car park machines). However, for those of you who have not visited the area before, you may not realise the



challenge it brings. It is a unique area (certainly for the East Midlands) as it is made up of many parallel earthbanks as shown on the map from route gadget on the left (this was the Green course).

I, for one, wondered how it had got this way, so I did some

research after the event to find out about the area. The park was created in 1971 from an area of opencast ironstone quarries (which were worked in late 19th / early 20th centuries) which were allowed to revert back into a natural landscape.

Deeside Tour Report – Ellie Simpson

Deeside is an orienteering training camp organised by the Junior Regional Orienteering Squad (JROS) for first year M16 and W16. It takes place every summer for a week in Deeside near Aberdeen. The week I spent there was very enjoyable and, of course, great training.



16-20 juniors are selected for the tour each year based on selection races that take place between the start of the new year and selection. In my year 10 boys and 10 girls were selected for the tour. I had been training hard throughout the year, as I really wanted to get selected given how much I had enjoyed myself at the Lagganlia training camp last year, but my selection races hadn't gone brilliantly so yet again I had to wait anxiously for selection. When I did get in, I was really excited to be heading off to Deeside at the end of July.

The afternoon we arrived was spent setting up tents as we were camping, which was unusual, and then we were sorted into coaching groups (consisting of 5 juniors and 2 coaches) so we could do some team activities which would

earn points for a tally kept throughout the week. After dinner, we did a microO around Templars Park where we were staying. It was really enjoyable (even though I was the first one out).

Here is a summary of what we did each day:

Day 1:

On the first day of training, we went to Easter Clune. The training, like most days, took up the morning and some of the afternoon with a break for lunch in the middle. Before we left we were given a briefing about the focus of the training, the type of exercises, and where we were going. This day the training was focused on how to make a good plan for a leg so before we ran a course we had to go over our plans for each leg with a coach. Then we



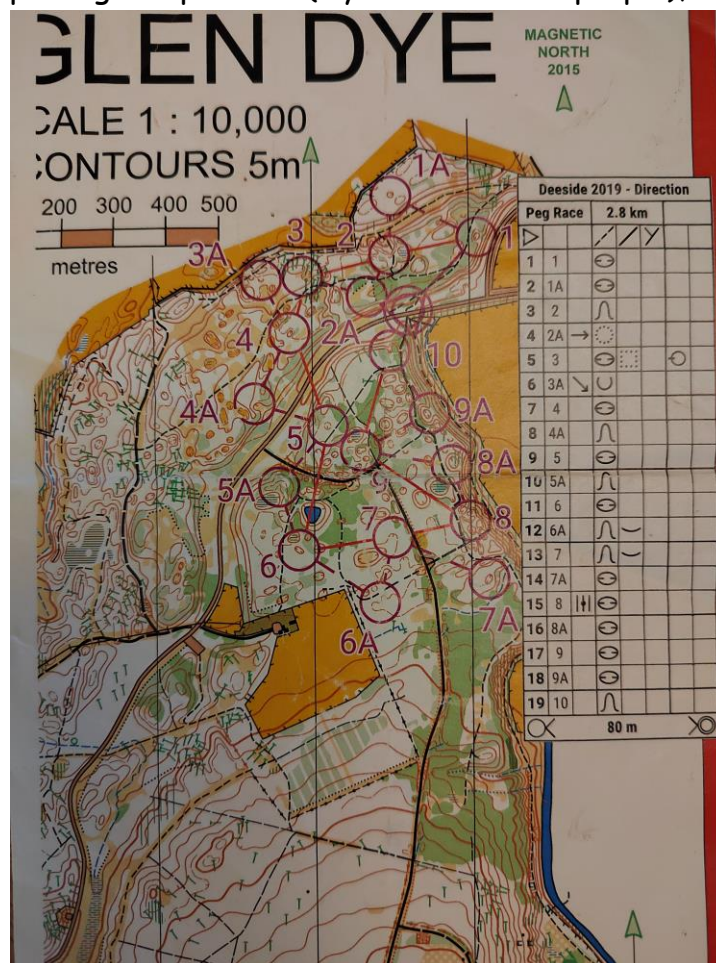
did the exercises and normally got shadowed at least once each day where the coaches gave useful advice on how to improve. After lunch we did a race in pairs where one of us navigated a leg while the other one followed along and planned the next leg at the same time. After the race we went swimming in a river. It was freezing but fun! In the evening, we had a theoretical session looking at the technical, tactical, physical, and psychological sides of orienteering. I found it both useful and very interesting.

Day 2:

After breakfast and the morning briefing, we were off to Balmadie, a sand dune area. This day was focused on picturing the contours so we did exercises on maps without any paths, buildings, bushes or trees marked so that we had to navigate using contours and not rely on other features. After lunch, we did a handicapped, gaffled race which was fun and then we went swimming again but this time in the sea. We also did the dunelympics which was very amusing to watch and fun to participate in. After dinner we did a session based on what we wanted to get out of the week. I found this useful as it gave me a clear focus to work on.

Day 3:

This day was focused on direction, so we went to Glen Dye and did exercises based on direction including a window exercise which was particularly challenging. After lunch we did a bilberry picking competition (my hands turned purple), and a peg relay (my favourite race - see map), and went swimming. After dinner, we did a nightO race on Elric Hill.



Day 4:

We did a sprint race around Templars Park and then did a useful session about training plans. Afterwards we did a short strength and conditioning session where we did exercises that the coaches showed us focusing on strengthening muscles useful for orienteering. I found that session really helpful. Then we made personal motivation postcards to be sent to us later in the year. After that, we went to Stonehaven lido (an outdoor saltwater pool) which was really fun. We also got huge ice creams or fish and chips. In the evening we had a barbecue and made smores which was great.

Day 5:

This day was focused on putting what we had learnt during the week back together, so we did exercises where we were told to try and orienteer well which meant different things for different people, for example orienteering

EMEWS

cleanly without mistakes or more quickly than they normally would. This session was helpful to see how I had progressed during the week. After training we went swimming in a river (one of the coaches made a temporary rope swing) which was great fun. After dinner we had a session on making goals for the future.

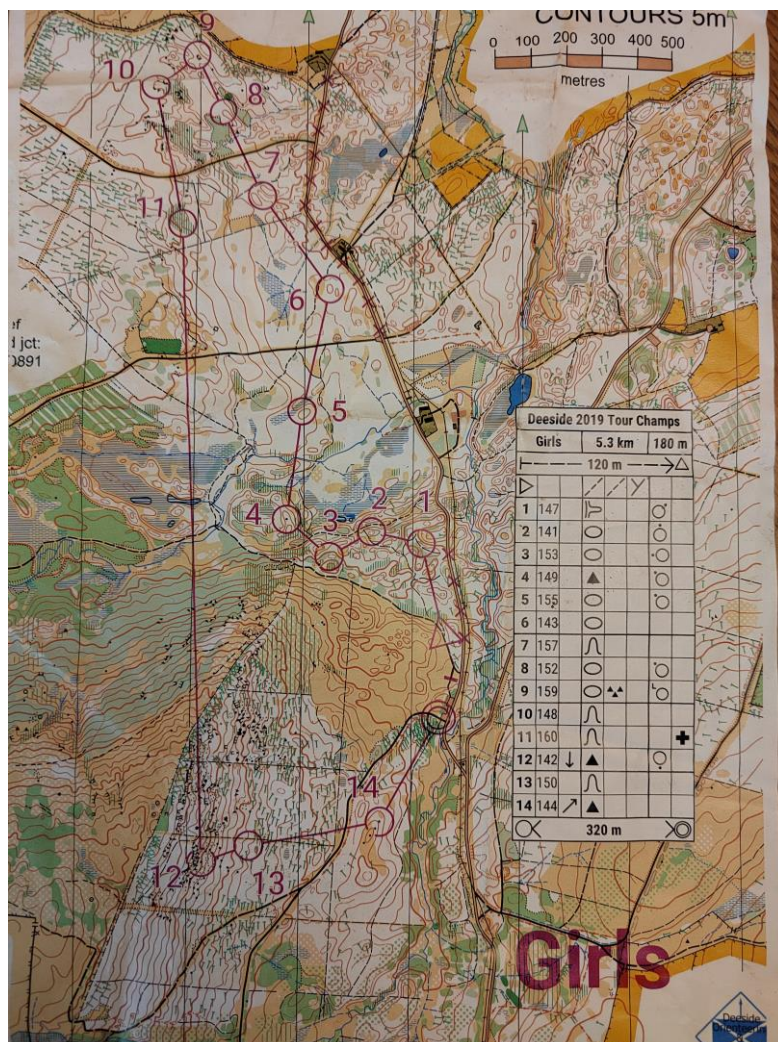
Day 6:

We had the tour champs (right) at Glen Dye this year which was really technical and interesting and showed us how we ran competitively and how much we had improved. After the race we went swimming again which I enjoyed. In the evening we had a good dinner to end the week before we left the next morning with most of us heading to Forres for another week of orienteering.

Thank you to all the coaches, both at Deeside and at EMJOS, who helped to make this possible. I'm now back to winter training again to do my best to get a place on the tour to Czechia next year (whilst also studying for my GCSEs!).

Picture of Ellie at JIRC's relays by Will Heap

Picture of squad training by JROS
Deeside Team



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East Midlands Urban League 2023

The following are the events which are currently planned to be part of the EMOA Urban League 2023:

- 2nd January - Dronfield (DVO) (UL1)
- 23rd April - Buxton (DVO) (UL2)
- 21st May - Dishley (LEI) (UL3)
- 25th June - Barrow on Soar (LEI) (UL4)
- 20th August - Lincoln City (LOG) (UL5)
- 3rd September - Nottingham University (NOC) (UL6)
- 15th October - Grantham (LOG) (UL7)
- 22nd October - Southwell (NOC) (UL8) (TBC)



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Your best 4 scores will count from the 8 events. Below is the current table showing the top 10 and omitting non-EMOA members (if I knew that was definitely the case):

Junior Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Daniel Glover	M16	LEI	200			100	100				

Junior Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Alice Woodward	W16	DVO	96	96							

Open Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Nerijus Rozkovas	M35	DVO	392	70	90	100	100	96	96		
2	Mike Chapman	M40	LOG	364	72	89	93	93	89	79		
3	Ed Cochrane	M35	NOC	275	83		96	96				
4	Philip Johnston-Davis	M50	RAFO	266	85				91	90		
5	Edward De Salis Young	M50	LEI	176	86			90				
6	Craig Lucas	M21	LOG	169					85	84		
7	David Schorah	M35	NOC	100						100		
8	Jake O'Donnell	M18	DVO	93		93						
9=	Richard Robinson	M40	NOC	91	91		0					
9=	Ben Glover	M18	LEI	91				91				

Open Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Andrea Page	W45	LOG	385	86	96	100	100		89		
2	Libby Barber	W20	LEI	96				96				
3	Charlotte Elliss	W35	RAFO	93		93						
4	Monica Henderson	W21	NOC	90						90		
5	Anna-Kaisa Koskela-Brook	W40	LOG	89					89			

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Veteran Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Andy Nicholls	M45	LEI	392	100	0	93	100	96	96		
2	James Prince	M50	DVO	353	84	88	90	91				
3	Tom Hartland	M45	DVO	267		86	88	93				
4	Andrew Selby	M45	DVO	247	78	82	87					
5	Roy Mitton	M50	NOC	246	79	83	0			84		
6	Benjamin Cluderay	M40	RAFO	178					91	87		
7	Roger Phillips	M45	LEI	173	83				90			
8	Gary Peet	M50	NOC	166	81					85		
9	Andy Glover	M45	LEI	100			100					
10	Neil Roswell	M45	NOC	93						93		

Veteran Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Claire Selby	W50	DVO	370	85	86	93	100	89	88		
2	Tanya Taylor	W50	LOG	287	91	96	100	0	0			
3	Carol Stynes-Martin	W50	LEI	280	88		96	96				
4	Patricia Wong	W50	NOC	267		84	90	93				
5	Helen Chiswell	W45	DVO	189		93				96		
6	Jo White	W45	LEI	175	84		91					
7	Jane Deville	W45	LOG	96					96			
8=	Andrea Page	W45	LOG	93					93			
8=	Lizzie Rosewell	W40	NOC	93						93		
10=	Michelle Mackervoy	W50	DVO	90	90							
10=	Hayley Fox	W45	LOG	90					90			

Senior Veteran Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Andrew Ridgway	M60	NOC	380	93	89	100	96	0	91		
2	Dave Chaffey	M60	DVO	369	91			100	90	88		
3	David Vincent	M60	DVO	356	86	93		89	88			
4	Murray White	M55	DVO	352	88	86	90	88	85	84		
5=	David Cladingboel	M55	LEI	351	84	88		0	89	90		
5=	Alastair Paterson	M55	LEI	351		85	93	90	83	82		
7	Richard Parkin	M55	DVO	296		100			100	96		
8	Stephen Martin	M60	LEI	267	85		91	91				
9	Mark Sheriff	M60	LEI	176			89	87				
10	Richard Naish	M55	DVO	173	87		86					

Senior Veteran Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
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1	Sal Chaffey	W55	DVO	392	93	96	100		96	100		
2	Alison Hardy	W55	LEI	383	91	90	96	100		96		
3	Kim Buxton	W60	DVO	360	81	88	93	91	88	84		
4	Anne Kayley-Burgess	W55	DVO	345	74		89	88	85	83		
5	Helen Parkinson	W55	NOC	286	90	100	0	96				
6	Amanda Roberts	W60	LOG	275	89	93			93			
7	Tracey Brookes	W55	LEI	265			91	89		85		
8	Jane Dring-Morris	W55	LEI	263				90	87	86		
9	Ursula Williamson	W60	LEI	244	76		86			82		
10	Anne Kimberley	W60	DVO	231	71	80				80		

Ultravet Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Paul Morris	M65	NOC	390.5	90.5	100		100	0	100		
2	John Hurley	M65	DVO	356	79	90	91	96				
3	Mike Gardner	M65	DVO	347	77	77	90	91	89			
4=	Stephen Kimberley	M65	DVO	344	64	88	100			92		
4=	John Hopper	M70	DVO	344	76		87	88	83	86		
6=	Mike Godfree	M70	DVO	336.5	72	74	88	89.5		85		
6=	Jeffrey Baker	M70	LOG	336.5	62	79	84	89.5	84			
8	Kevin Gallagher	M70	LEI	332	71	72	86		86	88		
9	Malcolm Spencer	M65	DVO	326.5	65.5	81		93		87		
10	Russell Buxton	M65	DVO	319	59	71	89	87		72		

Ultravet Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Jane Kayley-Burgess	W65	DVO	378	90		96	93	93	96		
1	Ruth Ellis	W70	DVO	376	88	89	100	96	90	90		
3=	Maureen Webb	W70	LEI	351	85		91		88	87		
3=	Ann Armistead	W70	DVO	351	86	90	90			85		
5	Viv Macdonald	W70	DVO	247	80	87				80		
6	Jane Booker	W65	NOC	91						91		
7=	Christine Elliott	W65	NOC	86						86		
7=	Anne Gibbs	W75	LOG	86					86			
9	Hilary Hodgkinson	W65	NOC	84						84		
10=	Judith Holt	W70	DVO	83	83							
10=	Elaine Smith	W65	NOC	83						83		

Hypervet Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Doug Dickinson	M75	DVO	396	100	100		96	93	100		
2	Rex Bleakman	M75	DVO	366	91	89	0	93		93		
3	Derek Gale	M75	DVO	362	90	91	91	90	0			

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4	Dave Skidmore	M75	DVO	355	82	87	89	88	88	90		
5	Peter Chick	M75	LEI	351.5	88	86	88	85	86.5	89		
6	John Palmer	M75	NOC	348.5		88		86	86.5	88		
7	Simon Ford	M80	LEI	336	81		85	83	84	84		
8	Peter Leake	M80	LEI	333	80	83		84		86		
9	Ernie Williams	M80	LEI	326	75	79	84	81		82		
10	John Woodall	M80	NOC	324	76	77	82	80	81	81		

Hypervet Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Liz Godfree	W75	DVO	392	100	96	91	96		100		
2	Margaret Keeling	W75	DVO	364	88	90	93	91	88	90		
3	Tricia Neal	W75	NOC	351	84		90	87	87	87		
4	Jen Gale	W75	DVO	347	85	86	88	88				
5	Diane Ford	W75	LEI	340	83		87	0	85	85		
6	Hilary Palmer	W75	NOC	292		100	96		96			
7	Diane Boulton	W75	DVO	273	93	89				91		
8	Christine Middleton	W75	DVO	187	91					96		

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East Midlands League 2023

The tables below provide the current standings for the EMOA League 2023. With a total of 14 events, the best 8 scoring events count towards the league. Tables below are based on current standing in the league counting in at least 2 events, scoring more than 1000 points in total, and in the top 10 for that class.

The events included in the League for 2023 are:

- 1 - 22nd January - LEI - Outwoods
- 2 - 5th February - LOG - Chambers Wood
- 3 - 25th February - DVO - Birchen Edge
- 4 - 5th March - NOC - Silverhill
- 5 - 19th March - LEI - Burbage Common
- 6 - 11th June - DVO - Carsington Pastures
- 7 - 10th September - DVO - Kedleston Park
- 8 - 24th September - LEI - Irchester Country Park
- 9 - 8th October - DVO - Longshaw
- 10 - 29th October - LEI - Donisthorpe (TBC) - change from Bradgate Park
- 11 - 19th November - NOC - Watchwood & Calverton
- 12 - 25th November - DVO - Linacre (note: a Saturday)
- 13 - 3rd December - LEI - Ratby
- 14 - 17th December - NOC - Strawberry Hill

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If there is no table below for a course / gender then there are no scorers meeting the criteria to be included (obviously with only 2 events so far there won't be too many classes where folk meet the criteria).

White - Male

Name	Club	Age	1	2	3	4	5	6	7	8	scores	Pos.
Darwin Buxton	DVO	M10	1000						1000		2000	1

White - Female

Name	Club	Age	1	2	3	4	5	6	7	8	scores	Pos.
Lily Robinson	NOC	W10			1000	1000					2000	1

Yellow - Male

Name	Club	Age	1	2	3	4	5	6	7	8	scores	Pos.
Hugh Chester	LEI	M10	704			680		730			2114	1
Aidan Chester	LEI	M12	1000					1000			2000	2

Yellow - Female

Name	Club	Age	1	2	3	4	5	6	7	8	scores	Pos.
Grace Robinson	NOC	W10	767		1000	1000			1000		3767	1

Orange - Male

Name	Club	Age	1	2	3	4	5	6	7	8	scores	Pos.
Aidan Chester	LEI	M12			1000	655					1655	1
Isaac Rosewell	NOC	M12			604	910					1514	2

Orange - Female

Name	Club	Age	1	2	3	4	5	6	7	8	scores	Pos.
Sindy Chafer	LEI	W55	970			691	472		1000		3133	1
Emma Rosewell	NOC	W12			1000	1000		1000			3000	2

Light Green - Male

Name	Club	Age	1	2	3	4	5	6	7	8	scores	Pos.
Daniel Stothard	LEI	M18		1000	1000		741		1000		3741	1
Stuart Swalwell	DVO	M70				933	853				1786	2
Felix Jarvis	LEI	M14	487			1000					1487	3

Light Green - Female

Name	Club	Age	1	2	3	4	5	6	7	8	scores	Pos.
Karen Ives-Smith	LEI	W55	998	1000		1000		1000	1000	1000	5998	1
Alice Woodward	DVO	W16			570	609					1179	2

Short Green - Male

Name	Club	Age	1	2	3	4	5	6	7	8	scores	Pos.
Donald Moir	LEI	M90	781	1000	862	954	825	968		754	6144	1
Kevin Gallagher	LEI	M70	777	873	671	828	779	1000	901		5829	2
Matt White	LEI	M55	977		798	837	902	951	1000		5465	3
Chris Bosley	LEI	M75	970		870	955		900	925	752	5372	4
Peter Chick	LEI	M75	671	769	617	763	631	871	712	759	5176	5
John Woodall	NOC	M80	870	646	785	722	736		776	540	5075	6
Dave Skidmore	DVO	M75	914	958		893		776	851	682	5074	7
Doug Dickinson	DVO	M75	907	765	1000	1000	1000				4672	8
John Palmer	NOC	M75	1000	844			774	858	781		4257	9
Robert Titterington	LEI	M80	750	908		961	758			775	4152	10

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Short Green - Female

Name	Club	Age	1	2	3	4	5	6	7	8	score	Pos.
Jane Kayley-Burgess	DVO	W65	820	988		962	1000	824	731	1000	6325	1
Liz Godfree	DVO	W75	970	1000	1000		926	922	1000		5818	2
Ruth Ellis	DVO	W70	915	958		716	853	607	755	827	5631	3
Maureen Webb	LEI	W70	737	678	577	782	699	665	661		4799	4
Tricia Neal	NOC	W75	539	565	361	431	637		514		3047	5
Margaret Keeling	DVO	W75	779		779	624	794				2976	6
Pauline Ward	DVO	W75			748	749		711	711		2919	7
Jane Booker	NOC	W65	1000		800			764			2564	8
Christine Middleton	DVO	W75			903	1000		657			2560	9
Diane Blount	DVO	W75			707	849	807				2363	10

Green - Male

Name	Club	Age	1	2	3	4	5	6	7	8	scores	Pos
John Marriott	LEI	M75	1000	946	835	839	848	761	954		6183	1
Paul Goodhead	DVO	M60		940	735	704	802	801	966		4948	2
John Hurley	DVO	M65	787		607	829	933	759	995		4910	3
Mike Godfree	DVO	M70	796	1000			973	838	951		4558	4
Russel Buxton	DVO	M65	781	985			754	827	866		4213	5
Mike Dallaway	LEI	M60	631	810			717		762	1000	3920	6
Jonathon Lee	LEI	M60		663	495	578	716		788	607	3858	7
Derek Gale	DVO	M75	870				939	848	923		3580	8
Mike Gardner	DVO	M65	651		972			768		896	3287	9
John Hopper	DVO	M70			599		907	835	870		3211	10

Green - Female

Name	Club	Age	1	2	3	4	5	6	7	8	scores	Pos
Ursula Williamson	LEI	W60	826	717		951	890		920	1000	5304	1
Anne Kayley-Burgess	DVO	W55	703	452		859	836	733	730	776	5089	2
Kim Buxton	DVO	W60	982	893			1000	924	1000		4799	3
Karen White	LEI	W55	623			517	881	785	861		3667	4
Jane Booker	NOC	W65		757		1000	679				2436	5
Wendy Foster	NOC	W60	553			594	667		536		2350	6
Jane Dring-Morris	LEI	W55	797					746	797		2340	7
Ann-Marie Duckworth	DVO	W55	1000						971		1971	8
Val Johnson	DVO	W60						1000	938		1938	9
Clare Hanna	LOG	W55	543	562		781					1886	10

Blue - Male

Name	Club	Age	1	2	3	4	5	6	7	8	scores	Pos
Francesco Lari	DVO	M55	864	786	740	799	750	760	807		5506	1
Alastair Paterson	LEI	M55	800	699	681	597	627		777	873	5054	2
David Vincent	DVO	M60	966		799			845	937	868	4415	3
Murray White	DVO	M55	737	738		670	674	634	795		4248	4
James Prince	DVO	M50	706		633	743	714	602	795		4193	5
Tom Hartland	DVO	M45	778		640	703	633	656	672		4082	6
Paul Morris	NOC	M65	957		1000		1000	961			3918	7
David Caldingboel	LEI	M55	820			630	672		750	762	3634	8
Andy Sykes	DVO	M55		956		787	876	853			3472	9
Dai Bedwell	DVO	M55				991		997	1000		2988	10

Blue - Female

Name	Club	Age	1	2	3	4	5	6	7	8	scores	Pos
Tanya Taylor	LOG	W50	1000	979	1000	909	1000	1000		973	6861	1
Alison Hardy	LEI	W55	756	892		951	972	911	1000	1000	6482	2
Sal Chaffey	DVO	W55	727	1000	896	1000					3623	3
Helen Chiswell	DVO	W45			823			762	862	877	3324	4
Nicola Hart	DVO	W60	635	844	586		898				2963	5
Monica Henderson	NOC	W21	439		551	677		665			2332	6
Lizzie Rosewell	NOC	W40			695	727		686			2108	7
Sally Calland	DVO	W45	753	889							1642	8
Joanna Goodhead	DVO	W21			704			654			1358	9
Robyn Jarvis	LEI	W18			576	519					1095	10

Brown - Male

Name	Club	Age	1	2	3	4	5	6	7	8	score	Pos
Richard Parkin	DVO	M50	998	1000		1000	1000	887	849	970	6704	1
Nerijus Rozkovas	DVO	M35	728		627	810	718	617	721	755	4976	2
Andrew Ridgway	NOC	M60	671	714	688	726	716		687	658	4855	3
John Duckworth	DVO	M55	1000					964	1000	1000	3964	4
Ian Wells	RAFO	M70	529		558	623	592		640	609	3551	5
Andy Nicholls	LEI	M45	648				809	543		626	2626	6
Philip Johnston-Davis	RAFO	M50	730	861	853						2444	7
Andy Sykes	DVO	M55	811		681					793	2285	8
Andy Glover	LEI	M45	686			777	786				2249	9
Andrew Ward	LEI	M35	517		574		602		551		2244	10

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Puzzle Page

Puzzle Result - Below is the answer for the puzzle set in EMEWS 288:

1	1	3	3	5	6	7	7	
START	→	→	↓	↑	→	→	→	8
		↓	↑	←	←	←	↓	6
		↓	→	→	→	↑	→	6
					←	↑	↓	3
				↓	←	↓	←	4
					→	→	↓	3
						↓	→	2
							FINISH	1

EMEWS

This Month's Puzzle

At a recent event, 5 orienteers from 5 different clubs competed at an event, and each of them had a problem to overcome during the event. They all managed to complete the event and finish in positions first to fifth. Given the information below can you identify the clubs they each competed for, the position they finished and the problems they each had.

Clues:

- 1) The DVO orienteer lost his glasses, which meant he did not win the event, whereas the person who twisted their ankle still managed to finish second.
- 2) Ollie broke his compass during the race.
- 3) Another competitor dropped his map and had to go back to find it. That competitor finished 3 places behind Gary.
- 4) Mike was the LEI competitor.
- 5) Victor finished last. He was not from NOC.
- 6) Fred was not from LOG. The LOG competitor finished fourth.

	DVO	LEI	LOG	NOC	SYO	Broke compass	Twisted ankle	Dropped map	Lost glasses	Shoe fell apart	First	Second	Third	Fourth	Fifth
Fred															
Gary															
Mike															
Ollie															
Victor															
First															
Second															
Third															
Fourth															
Fifth															
Broke compass															
Twisted ankle															
Drooped map															
Lost glasses															
Shoe fell apart															

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Fixtures

This fixture list is intended to list all major events in the UK, and all East Midlands events. It includes all the information available to me about the event at the time of going to press. Details on entry are normally available on the club sites. Unless otherwise stated, Local events offer entry on the day (EOD) to a range of colour coded courses with start times from 10:30 to 12:30. Some will provide a wider range of courses than others. Regional events provide colour coded within which age classes can be run. National events provide a range of age-related courses and are normally entered in advance.

The OS map reference is either the car park or point from which the event will be signposted. The list is based on BOF registration, but events are sometimes cancelled. If you are uncertain of whether an event will be on, check with the organiser. The editor takes no responsibility for wasted journeys.

Many events are currently pre-entry only, so please check the event details before travelling.

October 2023

Sat 7 th	Autumn in Anglia Day 1	Regl	SUFFO C	EA	West Stow	Thetford	TL813709
Sat 7 th	Crewe, Double Sprint Event	Regl	DEE	NW	Queens Park	Crewe	SJ688558
Sat 7 th	MDOC Saturday Park series (2)	Locl	MDOC	NW	Bruntwood Park	Stockport	SJ856873
Sat 7 th	LEI Club Champs (Tunnel Woods)	Locl	LEI	EM		Ashby de la Zouch	SK299173
Sat 7 th	Saturday Series 2	Locl	SYO	YH	Bolehill and Crookes	Sheffield	SK326880
Sun 8 th	Winsford Urban (UKUL)	Natl	DEE	NW	Winsford	Winsford	SJ640659
Sun 8 th	Autumn in Anglia Day 2	Regl	WAOC	EA	Newmarket	Newmarket	
Sun 8 th	EMOA League 2023 Longshaw	Regl	DVO	EM	Longshaw	Sheffield	SK265799
Tue 10 th	WCH Event 3 Night Street League	Locl	WCH	WM	Inkwell Pub	Lichfield	
Tue 10 th	LEI club night	Act	LEI	EM	Leicester	Leicester	
Thu 12 th	Chester Green Map Run	Act	DVO	EM	Chester Green	Derby	
Fri 13 th	Eurometing Mixed Sprint Relay (and supporting public race)	Natl	FVO	SOA	Dunblane	Dunblane	
Sat 14 th	British Schools Score Championships	Natl	LEI	EM	Martinshaw Woods	Leicester	
Sat 14 th	Eurometing KO Sprint (and Individual Sprint for public race classes)	Natl	FVO	SOA	Stirling University	Stirling	
Sun 15 th	Eurometing Individual Sprint with Stirling City Race for other classes (SOUL10)	Natl	FVO	SOA	Stirling	Stirling	
Sun 15 th	YHOA SuperLeague	Regl	EBOR	YH	Skipwith Common	Selby	
Sun 15 th	EMUL 2023 Grantham Urban	Regl	LOG	EM	Grantham	Grantham	SK939375
Sun 15 th	Woodside Urban - UKUL, WMUL	Regl	WRE	WM	Woodside	Telford	SJ692046
Sun 15 th	NOR Blickling	Regl	NOR	EA	NT Blickling	Aylsham	
Mon 16 th	MapRun	Act	LOG	EM	Lincolnshire Runner	Lincoln	
Tue 17 th	LEI club night	Act	LEI	EM	Leicester	Leicester	
Sat 21 st	Elvaston Castle Local	Locl	DVO	EM	Elvaston Castle	Derby	SK407330

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	Event						
Sat 21 st	(Cancelled) MapRun	Locl	LOG	EM	Branston	Lincoln	
Sun 22 nd	YHOA SuperLeague	Regl	EPOC	YH	Judy Woods (aka Royds Hall)	Bradford	
Sun 22 nd	EM Urban League Southwell	Regl	NOC	EM	Southwell	Southwell	
Tue 24 th	WCH Event 4 Night Street League	Locl	WCH	WM	Oak Pub Rising Brook	Stafford South West	
Tue 24 th	Burbage Maprun	Act	LEI	EM	Burbage	Hinckley	
Sat 28 th	Cambridge City Race	Regl	CUOC	EA		Cambridge	
Sat 28 th	Downs Banks	Locl	POTOC	WM	Downs Banks Country Park	Stone	
Sat 28 th	EBOR Indoor Orienteering Event	Regl	EBOR	YH	York	York	
Sat 28 th	Elmdon Park OD Local event	Locl	OD	WM	Elmdon Park	Solihull	
Sun 29 th	YHOA Urban League	Regl	HALO	YH	Brough	Brough	
Sun 29 th	EMOA League 2023 Donisthorpe and Moira	Regl	LEI	EM	Donisthorpe	Loughborough	
Tue 31 st	Glen Parva Club Night	Act	LEI	EM	Co-op Hillsborough Road	Glen Parva	

November 2023

Wed 1 st	LEI Winter League 1 Burbage Common	Locl	LEI	EM	Burbage Common	Hinckley	SP452940
Sat 4 th	Urban (UKOL) - November Classic Weekend	Natl	BAOC	SC	Winchester	Winchester	
Sat 4 th	Saturday Series 3	Locl	SYO	YH	EIS&Olympic Legacy Pk, Attercliffe	Sheffield	SK384892
Sun 5 th	November Classic & Southern Championships (UKOL)	Natl	SOC	SC	New Forest - Fritham and Bentley	Lyndhurst	SU252120
Tue 7 th	LEI Winter League 2 Market Bosworth Country Park	Locl	LEI	EM	Market Bosworth Country Park	Market Bosworth	SK412032
Thu 9 th	MDOC Night Street League (2)	Locl	MDOC	NW	Streets around Glossop	Glossop	
Sat 11 th	MDOC Saturday Park series (3)	Locl	MDOC	NW	Bramhall Park	Stockport	SJ889862
Sat 11 th	Chaddesden Park Local Event	Locl	DVO	EM	Chaddesden Park	Derby	SK382366
Sun 12 th	CompassSort Cup Final	Majr	BOK	SW	New Beechenhurst	Coleford	SO620120
Wed 15 th	Night Event	Locl	SYO	YH	Silver Wood	Rotherham	SK481938
Thu 16 th	Chaddesden Park Map Run	Act	DVO	EM	Chaddesden Park	Derby	
Sun 19 th	EMOA League 2023 Watchwood and Calverton	Regl	NOC	EM	Watchwood and Calverton	Arnold	
Sun 19 th	WML Event - Burlish Top	Regl	HOC	WM	Burlish Top	Kidderminster	
Tue 21 st	MDOC Night Street League (3)	Locl	MDOC	NW	Streets around East Macclesfield	Macclesfield	
Tue 21 st	WCH Event 6 Night Street League	Locl	WCH	WM	Barton Marina	Barton Under Needwood	
Thu 23 rd	Allestree Urban Map Run	Act	DVO	EM	Allestree	Derby	

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Sat 25 th	EMOA League 2023	Regl	DVO	EM	Linacre	Chesterfield	SK342734
Sat 25 th	Southern Night Championships	Locl	BAOC	SE	Pirbright Range Complex & Bisley Camp	Camberley	
Sun 26 th	SYO Regional Event	Regl	SYO	YH	Baslow Edge & Big Moor	Sheffield	SK249740
Sun 26 th	SN Trophy	Natl	SN	SC	Mytchett	Aldershot	SU922562
Tue 28 th	LEI club night	Act	LEI	EM	Leicester	Leicester	
Thu 30 th	Alvaston Park Map Run	Act	DVO	EM	Alvaston Park	Derby	

December 2023

Sat 2 nd	Cheddleton Heath	Locl	POTOC	WM	Cheddleton Heath	Leek	
Sun 3 rd	CHIG Level B -SEL and SWELL event	Natl	CHIG	SE	Epping NW	Loughton	TQ413982
Sun 3 rd	YHOA SuperLeague	Regl	HALO	YH	Humberside		
Sun 3 rd	EMOA League 2023 (Ratby)	Regl	LEI	EM	Ratby	Ratby	SK497076
Tue 5 th	LEI club night	Act	LEI	EM	Leicester	Leicester	
Thu 7 th	Markeaton Map Run	Act	DVO	EM	Markeaton Park	Derby	
Sat 9 th	MDOC Saturday Park series (4)	Locl	MDOC	NW	Riverside Park	Macclesfield	SJ915745
Sat 9 th	LEI Winter League 3 Fosse Meadows	Locl	LEI	EM	Fosse Meadows	Leicester	SP488908
Sun 10 th	AIRE Regional Event	Regl	AIRE	YH	Bramley Fall & Hawksworth Woods	Leeds	
Sun 10 th	Shouldham Warren EAL	Regl	NOR	EA	Shouldham Warren	Kings Lynn	
Sun 10 th	TVOC Chiltern Challenge Regional Event & SCOA Championships	Natl	TVOC	SC	Naphill and Bradenham	Princes Risborough	
Sun 10 th	Sutton Park South - WM League	Regl	OD	WM	Sutton Park Boldmere Gate Entrance	Sutton Coldfield	
Tue 12 th	LEI club night	Act	LEI	EM	Leicester	Leicester	
Sun 17 th	EPOC Regional Event	Regl	EPOC	YH	Pontefract Park	Pontefract	
Sun 17 th	EMOA League 2023 Strawberry Hill	Regl	NOC	EM	Strawberry Hill	Mansfield	
Wed 27 th	SO "Elizabeth Brown memorial" Christmas Score	Regl	SO	SE	North Ashdown	Wych Cross, Forest Row	TQ434323
Wed 27 th	OD Christmas Relays	Locl	OD	WM	Rough Close	Coventry	
Fri 29 th	LEI Winter League 4 Beacon Hill	Locl	LEI	EM	Beacon Hill Country Park	Loughborough	SK509145

January 2024

Mon 1 st	EMUL 2024 Ashbourne Urban	Regl	DVO	EM	Ashbourne	Ashbourne	
Sat 6 th	Saturday Series 4	Locl	SYO	YH	Botanical Gardens	Sheffield	SK334863
Sun 7 th	EMOA League 2024 TBC	Regl	LEI	EM		TBC	
Sun 14 th	SYO Regional Event	Regl	SYO	YH	Hathersage Moor (Burbage West)	Sheffield	
Sun 14 th	WML Event - Bodenham Arboretum & Shatterford Woods	Regl	HOC	WM	Bodenham Arboretum & Shatterford Woods	Kidderminster	
Wed 17 th	LEI Winter League 5 Shepshed	Locl	LEI	EM	Shepshed	Shepshed	SK477195

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Sat 20 th	YHOA Night League and Northern Night Championships	Regl	EBOR	YH	Wheldrake Woods	York	
Sat 20 th	Winter series no 1 - Little Budworth Common	Regl	DEE	NW	Little Budworth Common	Tarporley	SJ584653
Sat 20 th	Little Budworth Night Event (NWNL)	Locl	DEE	NW	Little Budworth Common	Tarporley	SJ584653
Sun 21 st	Eyam Moor & Bretton Clough	Natl	DVO	EM	Eyam Moor & Bretton Clough	Eyam	SK181787
Thu 25 th	LEI Winter League 6 Dishley	Locl	LEI	EM	Dishley	Loughborough	SK513203
Sat 27 th	YHOA Night League	Regl	HALO	YH		Humberside	
Sat 27 th	Everdon Stubbs Local Event	Locl	OD	WM	Everdon Stubbs	Weedon	
Sun 28 th	Concorde Chase 2024	Natl	BKO	SC	Barossa	Sandhurst	
Sun 28 th	Robin Hood Trophy at Sherwood Forest	Natl	NOC	EM	Sherwood Forest (event centre TBC)	Ollerton	

February 2024

Sat 3 rd	Rowney Warren Night Event	Regl	WAOC	EA	Rowney Warren	Shefford	
Sat 3 rd	LEI Winter League 7 Abbey Park	Locl	LEI	EM	Abbey Park	Leicester	SK589057
Sat 3 rd	Saturday Series 5	Locl	SYO	YH	Ecclesall Woods	Sheffield	SK310823
Sun 4 th	GO SEL event & Southern Champs	Natl	GO	SE	Redlands	tbc	
Sun 4 th	Rowney Warren	Regl	WAOC	EA	Rowney Warren	Shefford	
Sun 4 th	EPOC/PFO Regional Event	Regl	EPOC	YH	Hardcastle Craggs	Hebden Bridge	
Sat 10 th	British Night Champs	Major	WCOC	NW	Hawse End	Keswick	
Sun 11 th	NOR - Bylaugh and Bawdeswell	Regl	NOR	EA		Dereham	
Sun 11 th	CLARO Regional Event	Regl	CLARO	YH	Guissecliff	Pateley Bridge	
Sun 11 th	Bickerton regional event	Regl	DEE	NW	Bickerton Hill	Tarporley	
Sun 11 th	EMOA League 2024 TBC	Regl	LEI	EM		TBC	
Sun 18th	CompassSport Cup Heats	Natl			Various		
Wed 21 st	LEI Winter League 8 Queen Elizabeth Diamond Jubilee Woods	Locl	LEI	EM	Queen Elizabeth Diamond Jubilee Woods	Ibstock	
Sat 24 th	YHOA Night League	Regl	SYO	YH	Loxley	Sheffield	
Sat 24 th	Itchington Holt Local event	Locl	OD	WM	Itchington Holt	Bishop's Itchington	
Sat 24 th	Scottish Night Champs	Regl	SOLWAY	SOA		Dumfries-shire	
Sun 25 th	East Midlands Championships 2024	Natl	LOG	EM	Grimsthorpe	Lincoln	
Sun 25 th	HH SE League event	Natl	HH	SE	Ashridge	Tring	
Sun 25 th	Local Event	Locl	SYO	YH	Loxley	Sheffield	
Sun 25 th	Fernworthy	Regl	DEVON	SW	Fernworthy	Chagford	